

## **GYMNASIUM SCHEDULE**

## **Effective January 20th**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
5:00am-	5:00am-	5:00am-10:15am	5:00am-8:15am	5:00am-		
10:15am	8:15am			10:15am		
	ZUMBA		ZUMBA GOLD		YOUTH	OPEN GYM
	GOLD		8:30am-9:30am		BASKETBALL	8:00am-
	8:30am-				8:00am-	1:45pm
	9:30am				2:00pm	
	OPEN GYM		OPEN GYM			
	9:30am-		9:30am-			
	10:15am		10:15am			
SILVER	SILVER	SILVER SNEAKERS	SILVER	SILVER		
SNEAKERS	SNEAKERS	10:30am-11:15am	SNEAKERS	SNEAKERS		
10:30am-	10:30am-		10:30am-	10:30am-		
11:15am	11:15am		11:15am	11:15am		
OPEN GYM		OPEN GYM	OPEN GYM	OPEN GYM		
11:30am-	<b>TAI CHI</b> 11:15am-	11:30am-5:00pm	11:30am-	11:30am-		
5:00pm	12:00pm	11.50am-5.00pm	12:00pm	7:00pm		
5.00pm				7.000111		
	PICKLEBALL		PICKLEBALL			
	12:00pm-		12:00pm-			
	2:00pm		2:00pm			
	OPEN GYM		OPEN GYM			
	2:00pm-		2:00pm-			
	5:00PM		5:00pm			
YOUTH	YOUTH	YOUTH	YOUTH			
BASKETBALL	BASKETBALL	BASKETBALL	BASKETBALL			
5:00pm-	5:00pm-	5:00pm-6:00pm	5:00pm-			
7:00pm	7:00pm		6:00pm			
ADULT	Holy Family	PICKLEBALL	Holy Family	ADULT		
BASKETBALL	7:00pm-	6:00pm-8:00pm	7:00pm-	BASKETBALL		
7:00pm-	8:30pm		8:00pm	7:00pm-		
8:45pm				8:45pm		

\*Schedule subject to change. Check our website for the most up to date information.